

*“Optimism is the faith that leads to achievement. Nothing can be done without hope or confidence.”*

*— Helen Keller*

RTC and the Northern Nevada Center for Independent Living offer free public transit travel training (mobility training) for seniors and people with disabilities. The program teaches how to use RTC public transit and utilize the many safety and mobility features in a safe and supportive environment. Participants will practice on actual transit vehicles and be nurtured to learn the skills needed for greater mobility independence through the use of public transit.

### **WHO SHOULD PARTICIPATE?**

Individuals who wish to become more familiar and confident using public transit for greater independence. Public transit offers greater flexibility and lower cost than paratransit and/or taxi services.

### **HOW IS TRAVEL TRAINING ACCOMPLISHED?**

NNCIL travel trainers customize the learning experience to meet the needs of the individual. Our proven step-by-step process emphasizes safety while building confidence and travel skills.

### **WHERE DOES TRAINING TAKE PLACE?**

A qualified mobility instructor will travel with you to your desired or favorite destinations while teaching safe travel techniques and the reading of bus maps and schedules. There are no time limits and we will work with your individual needs and level of ability.



*“As a result of the travel training program I can now travel to and from work on my own without the constant help of my counselor.”*

*— Gail M.,  
Program Participant*

**Northern Nevada  
Center for  
Independent Living is  
committed to YOU!**



*“Travel training that helps people get out and about is a customer service we strongly support and recommend. Learning skills to use transit is a great way for seniors and people with disabilities to maintain independence. Serving this community and keeping customers safely moving is our priority.”*

*— Lee Gibson,  
RTC Executive Director*

**Public Transit is:**

Reliable  
Safe  
Economical  
Convenient

**Travel Training  
Increases:**

Independence  
Confidence  
Self-reliance  
Flexibility

We would be happy  
to come to your location  
for a presentation to  
your group.

The Transportation Services at the Northern Nevada Center for Independent Living (NNCIL) are provided by the Mobility Planning Services (MPS) Division.

### Northern Nevada Center for Independent Living

(775) 353-3599, ask for Blossom  
Voice or TTY  
999 Pyramid Way  
Sparks, NV 89431



## TRAVEL TRAINING FOR INDEPENDENCE

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for seniors and people  
with disabilities.



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